



# *This Week's Reflections*

What was a musical highlight for me this week? \_\_\_\_\_

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What inspirations emerged from it? \_\_\_\_\_

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This week, I listened to \_\_\_\_\_

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## *In the coming week...*

My musical musings could be \_\_\_\_\_

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The one that excites me the most is \_\_\_\_\_

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To make this happen, I will say NO to \_\_\_\_\_

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...and I will say YES to \_\_\_\_\_

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I will stretch my musical comfort zone this week by \_\_\_\_\_

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